

WALDWICK PUBLIC SCHOOLS

Waldwick, New Jersey 07463

September, 2022

Waldwick's FAMILY LIFE education program is implemented comprehensively through coordinated sequential elementary and secondary curriculum with instructional units appropriate to the age, growth and development and maturity of the pupils. The curriculum addresses the physical, mental, emotional, and social dimensions of health. It is designed to motivate and assist students to enact health-enhancing behaviors. Included in the program on an elementary school level are a variety of topics such as:

- Family relationships: rights, privileges, and responsibilities; different types of families; respect; communication
- Interpersonal relationships: sharing, respecting differences, peer pressure, communication, personality, development of friendships and values, decision making and refusal skills, assertiveness.
- Growth and development: stages of human development with emphasis on the physical, emotional, and social changes of adolescence; functioning of the reproductive system; menstrual cycle; body image.

Should you have any concerns regarding your child and some aspect of the program, please discuss it first with your child's health teacher. If you believe that any part of the instruction in FAMILY LIFE education conflicts with your child's conscience or sincerely held moral or religious beliefs, a signed statement from you to the nurse is required before your child will be excused from that portion of the course and no penalties shall result.